



International Optimist Dinghy Association of Ireland

MAJOR EVENT SAILING INSTRUCTIONS (SIs)

2024 v1.0

The notation '[NP]' in a rule of the Sailing Instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[DP]' in a rule means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 RRS Race Signal AP, A5.1, A5.2, 33, 60.1(a), 60.1(b), 61.1, 63.7, Appendix P2, and Appendix T1(a) will be changed. The changes appear in full in the NoR or these sailing instructions.
- 1.3 These SIs cover all IODAI events, and will be supplemented by Supplementary Sailing Instructions (SSIs) for each specific Regatta.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located as specified in the SSIs.
- 3.2 The race office is located as specified in the SSIs.
- 3.3 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 [DP] Competitors and support persons shall place advertising provided by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed as set out in the SSIs.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP. This changes Race Signal AP.
- 5.3 [DP] Boats shall not leave the shore until Flag D is displayed with one sound signal. The warning signal will not be made less than 60 minutes after flag D is displayed.
- 5.4 When flag T is displayed ashore with one sound signal, competitors shall tally out per 19.3 below but not launch until flag D is displayed.

6 SCHEDULE OF RACES

- 6.1 The schedule of races will be set out in the Regatta NOR and SSIs.
- 6.2 To alert boats that a race or sequence of races will begin soon, the orange starting flag may be displayed with one sound at least five minutes before a warning signal is made.
- 6.3 An additional race may be run at the discretion of the Race Committee on a given day. To indicate this intention the finish boat will display an orange flag at the end of the last scheduled race of the day.

7 CLASS DIVISIONS AND FLAGS

- 7.1 At Regional and National Championship Regattas, boats will be divided into two divisions:
 - Senior Division: Sailors aged twelve to fourteen on 1st January of the year of the regatta.
 - Junior Division: Sailors aged under twelve on 1st January of the year of the regatta.

7.2. Gold, Silver and Bronze Fleets

Within each division there will be a further split into Gold, Silver and Bronze Fleets. Boats will be assigned to a fleet based on the criteria and rules of management for fleet qualifications. IODAI fleet rules are available on the IODAI website at www.iodai.com. Gold and Silver & Bronze fleets shall have a single start within their division.

7.3 Junior Bronze Fleet

The OA reserves the right to move the Junior Bronze Fleet to the Regatta course should conditions require. This decision will be notified by displaying ICF R over 0 with two sound signals ashore prior to the launch signal per NOR 5.3. Arrangements for that day's racing for the Junior Bronze Fleet shall be communicated verbally at the Regatta Fleet briefing.

7.4 All boats shall display fleet identification ribbons provided at registration.

7.5 Class flags and ribbons as set out below will apply:

Division	Fleet	Class Flag	Ribbon	Abandonment N+ Numeral
Senior	Gold	O	Blue	5
Senior	Silver	O	Pink	4
Senior	Bronze	O	Black	3
Junior	Gold	J	Red	2
Junior	Silver	J	Green	1
Junior	Bronze	J	Yellow	0

8 RACING AREA

8.1 The Regatta NOR and SSIs will show the location of the racing area(s).

9 COURSES

9.1 The diagram in Attachment A shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10 MARKS

10.1 Marks will be described in the SSIs.

11 OBSTRUCTIONS

- 11.1 Official boats, including a safety boat in close attendance to a craft or competitor in difficulty, are designated as an obstruction. Other obstructions may be set out in the SSIs.

12 THE START

- 12.1 The starting line will be described in the SSIs.
- 12.2 Boats whose warning signal has not been made shall remain in the holding area during the starting sequence for other races.
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.4 At National and Regional Championships, the Junior Division will be the first class to start. No less than 5 minutes before the warning signal, the race committee may change the starting order of races by the display of Flag F accompanied by repeated sound signals. When Flag F is displayed:
- the Senior Division shall be the first Division to start, and shall sail the Outer loop course (Marks: 1,2,3A/3B,2,3B, Finish)
 - the Junior Division shall sail the Inner loop course (Marks:1,4A/4B,1,2,3B, Finish)
- 12.5 The Race Committee shall lay marks to designate a holding line to starboard of the start line. Boats not yet scheduled to start shall remain to starboard of the holding line and its extensions from the time of the first Warning Signal of the first scheduled fleet until the division preceding the boat's scheduled start has started and cleared the line [NP][DP]
- 12.6 The Race Committee may elect to start Junior and Senior Divisions together. In this instance, the course shall be the Outer loop course. ICF Numeral 2 shall be displayed with the Orange flag in NOR6.2, and both class flags shall be displayed at the warning signal.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 13.2 Minor course changes might not be signalled. This changes RRS 33.

14 THE FINISH

- 14.1 The finishing line will be described in the SSIs.

15 PENALTY SYSTEM

- 15.1 RRS Appendix P will apply except that RRS P2.3 does not apply and RRS P2.2 is changed so that it applies to any penalty after the first one.
- 15.2 RRS Appendix T will apply. If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest Committee has completed taking evidence. This changes RRS T1 (a).
- 15.3 [NP][DP] A boat that has taken a penalty or retired under RRS 44.1 shall complete an acknowledgement form at the Race office within the protest time limit.

16 TIME LIMITS

- 16.1 The Race Time Limit is 80 minutes.
- 16.2 The Race Committee may signal that a race has been abandoned for divisions and fleets by displaying flag N and a numeral pennant as set out in SI7.5.
- 16.4 The race committee may also award a race score to a boat that is still racing by displaying to them from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A race score under this sailing instruction will be the score they would have received had they sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 60.1(b) and 62.1(a).

17 HEARING REQUESTS

- 17.1 Boats intending to protest or request redress, for an incident on the race course, shall inform the Race Committee finishing vessel at the finish line immediately upon finishing the race, and receive acknowledgement, or if they do not finish, inform either a Jury vessel or a safety vessel as soon as practicable after they retire. This changes RRS 61.1.
- 17.2 The protest time limit is 30 minutes after all boats have tallied in or the race committee has accounted for any boats not tallied in, or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 17.3 Hearing request forms are available from the website/location specified in the SSIs.

- 17.4 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Arbitration meetings and protest hearings may begin without a notice and within the protest time limit with the agreement of all parties. Hearings will be held in the protest room, as specified in the SSIs, beginning at the time posted.
- 17.5 A list of boats that have been penalised for breaking RRS 42 under Appendix P will be posted.

18 SCORING

- 18.1 The scoring system is in accordance with Appendix A.
- 18.2 The number of races required to be completed to constitute a series and the number of worst scores to be excluded will be specified in the Regatta NOR & SSIs.
- 18.3 In adverse weather conditions, the race officer may decide to stand down certain groups of sailors using the signals set out in NOR7.5. Sailors who have been stood down in this manner shall be awarded average points for those races in the series. The application of this procedure shall not be grounds for redress.

19 [DP][NP] SAFETY REGULATIONS

- 19.1 A boat that retires from a race shall notify the race committee as soon as practicable after they retire.
- 19.2 Boats wishing to leave their race course area before the end of the day's racing shall not do so unless authorised by a safety boat. The safety boat will instruct boats in the procedure for returning ashore.
- 19.3 Boats will be attributed a tally number at registration.
 - 19.3.1 Each boat shall, in person, tally out with the correct tally number before launching.
 - 19.3.2 Each boat shall, in person, tally in using the correct tally number within 10 minutes after the last boat in her Division (or fleet if fleets are racing separately) is ashore.
 - 19.3.3 A boat that does not tally out according to SI 19.3.1 will receive a Standard Penalty for the first race of the day. A boat that does not tally in according to SI 19.3.2 will receive a Standard Penalty for the last race of the day.
 - 19.3.4 The Standard Penalty for tallying shall be 5 points for the first infringement of the series, 10 points for the second and 20 for the third and subsequent infringements.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] Substitution of competitors is not allowed without prior written approval of the Race Committee.
- 20.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorised in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

21 [DP] EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 21.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

23 OFFICIAL VESSELS

- 23.1 Official vessels will be identified as set out in the SSIs.

24 [NP] [DP] SUPPORT TEAMS

- 24.1 As per NOR
- 24.2 Competitors shall not approach any vessel other than an official vessel or a registered support person vessel from their first warning signal of the day until they finish their last race for the day or the Race Committee signals no more racing today, whichever is later.

25 TRASH DISPOSAL

- 25.1 Trash may be placed aboard official or support person vessels.

26 BERTHING

- 26.1 [DP] Boats shall be kept in their assigned places while in the boat park.

29 PRIZES

- 29.1 Prizes will be given as set out in the NOR.

30 RISK STATEMENT

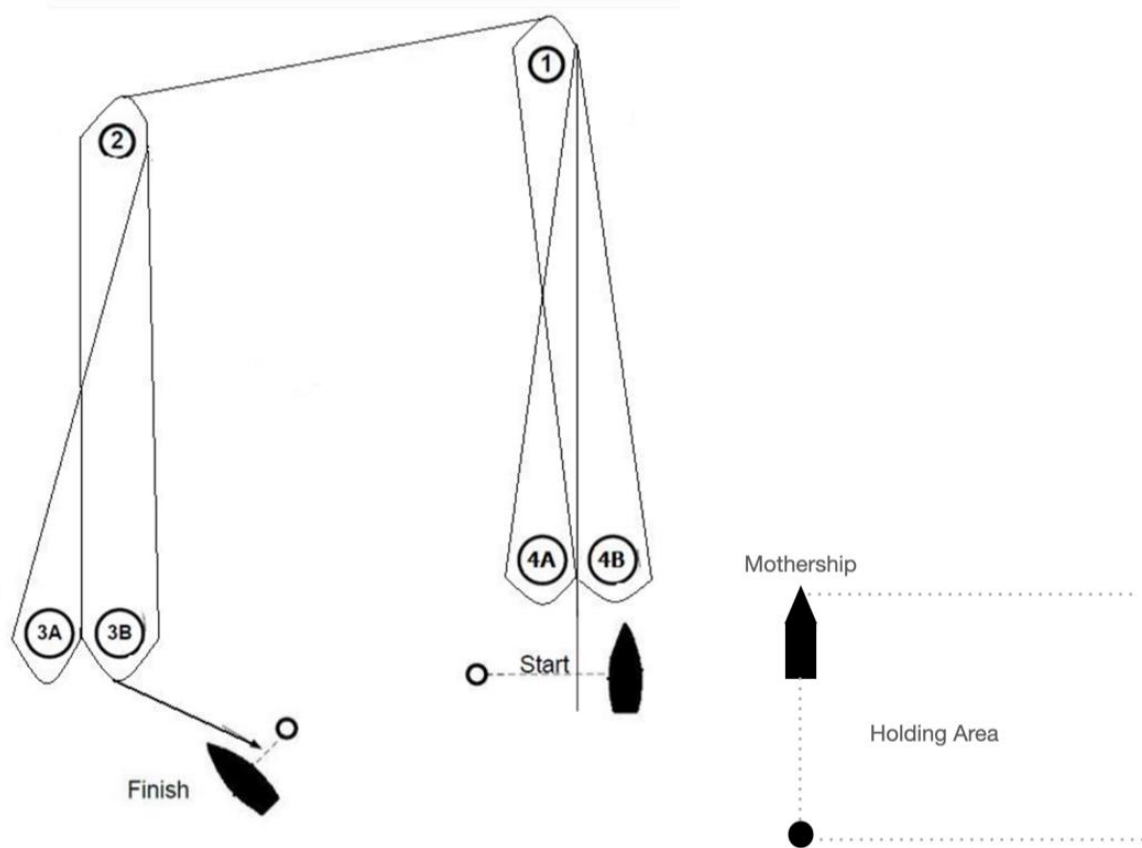
- 30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is, by its nature, an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees to and acknowledges the risk statement as included in the Notice of Race.

31 INSURANCE

- 31.1 Each participating boat shall be insured with valid third-party liability insurance with an adequate cover per incident or the equivalent.

Attachment A



All marks are to be rounded to Port with the exception of the leeward gates at 3A/3B and 4A/4B. Boats shall sail between the gate marks from the direction of the previous mark and round either mark.

Junior Fleet Course (Outer Loop) - Mark 1, 2, 3A/3B, 2, 3B, Finish

Senior Fleet Course (Inner Loop) - Mark 1, 4A/4B, 1, 2, 3B, Finish