

SAFE ENJOYABLE LEARNING AFLOAT AND ASHORE SINCE 1974

AT WHOM IS THIS PROGRAMME AIMED?

This programme is for **Transition Year** students but not exclusively, any student interested in the programme can apply. Experience can range from none to national champion and everything in between. Participants will get a taste of all aspects of sailing, boating and shorebased skills. These courses are valuable if you wish to pursue a career at sea and are considering a CAO application to NMCI, or want to sail professionally in the leisure sector as a coach, instructor or yacht crew or just to support your love of the sea. All prices quoted here are exclusive to this programme and are substantially discounted from the standard price list.



HERE ARE THE PRE REQUISITES TO BE DONE BEFORE ATTENDING THE DINGHY INSTRUCTOR 5 DAY COURSE

VHF COURSE – SHORT RANGE CERTIFICATE- NOT COMPULSORY BUT REQUIRED TO

GET A JOB!

You must have a licence to use a VHF and you need to use a VHF to operate any boat other than a sailing dinghy. This is an essential skill for Safety Boat helms, Yacht sailors and Instructors. The course is held over a choice of three evenings or one (long) day includes an exam conducted by the Department of Transport, Tourism and Sport and the licence is recognised internationally. Better still, it has no expiry date!



Class one is a recorded class which you do at home.

Class 2 + the Exam is a full day 09:30-17:30 at a venue.

Dates : Thurs Oct 5th Cobh Community Centre

Fri Dec 8th RCYC Crosshaven

Price: €270 (normal price €295)

Included: Tuition, examination fee, licence fee

Syllabus: Radio Telephone (VHF), DSC, GMDSS, SART, EPIRB, NavTex routine & emergency comms.

Certification: Dept of Transport Tourism and Sport **Short Range Certificate** valid for life



IRISH SAILING DINGHY INSTRUCTOR PRE-ENTRY- MUST BE DONE AT LEAST 1 MONTH BEFORE DI CS.

This is not a training course, it is a two day series of tests in practical sailing skills and theory that assesses your eligibility to join a Dinghy Sailing Instructor Course. It is recommended that you have at least two of the following IS Advanced Sailing Certificates: *Kites & Wires*, *Advanced Boat Handling*, *Go Racing* or *Adventure*. Irish Sailing no longer use 4.5 so you must clarify which of these modules you have done.

Dates: **Oct 6+7th , April 10+11, May 1+2** at East Ferry Marina

Price: €180 (normal price €190)

Syllabus: **On the Water Assessment** in 2 handed dinghies - rigging, launch/recover, follow the leader, sail a triangle, rudderless, coming alongside, mooring, MOB, tight circles, capsize. This is revision and an examination, not training, you must practice these techniques before attending.

Knots Assessment - figure of 8, round turn & 2 half hitches, bowline, clove hitch, sheet bend, horn cleat (OXO), coil & secure. Practice before attending!

Written Navigation exam - sail theory, collision regulations, meteorology, chartwork, tides. You must fully understand these before attending. RYA Essential Nav course is the standard required.

Certification: *Irish Sailing Sailing Instructor Pre-Entry Certificate*, upon successful completion, downloadable on *Checklick*. Certificate is valid for 1 year and must be completed at least 1 month before the Dinghy Instructor Course



RYA ESSENTIAL NAVIGATION & SEAMANSHIP COURSE- HIGHLY RECOMMENDED FOR DI COURSE

This is a fifteen hour, classroom based, course covering the basics of navigation, passage planning and safety awareness. It is the first step in navigation and aimed at dinghy sailors and inshore powerboat users operating in daylight. This course is ideal preparation for Dinghy Instructor, Powerboat, Competent Crew and the Advanced parts of the Small Boat Sailing Scheme. The course is highly interactive with lots of opportunities to practice new found skills. Attendance exclusively for TY students and will go ahead only if sufficient number of students have booked..

Dates: 1 course only : 4 evenings on Zoom, Tues Oct 10, Thurs Oct 12, Tues Oct 17 and Thurs Oct 19 .

Time 19:30-22:00

Price: €195 (normal price €250)

Included: A course pack which includes a chart, plotter, dividers, course handbook, exercises and access to the online plotter.

Syllabus: Charts and Publications, Safety, Engine checks, Buoyage, Tidal awareness, Visual and electronic navigation, Pilotage, Rules of the road, Anchoring, Weather forecasts, Passage planning

Certification: **RYA Essential Navigation and Seamanship Certificate**, upon successful completion.



RYA DAY SKIPPER NAVIGATION COURSE – EXTRA TRAINING, NOT ESSENTIAL FOR THE DI COURSE

A step up on the Essential Navigation course. This 40 hour course involves more than just navigation. Delivered as 16 evening classes before and after Christmas. The classes are mix of tuition, exercises, and assessment papers. Given that all RCYC TY students will have some experience, we recommend direct entry to this course (skipping the Essential Nav Course).

The course is RYA accredited and is therefore recognised by Irish Sailing and by the Dept of Transport Tourism and Sport. Successful participants will receive the RYA Day Skipper Shorebased Certificate.

Eddie English been teaching nav for 40 years, you will benefit from his skill as both a teacher and sailor.

Dates: Starting **Tues Oct 24th**, weekly evening classes on Zoom **start at 19:30** and **finish at 22:15** (including a short coffee break) with 1 full day face to face and finishing by the end of February.

Price: €495 (normal price €550)

Syllabus: Meteorology, Tides, Buoyage, Safety, Collision Regulations, Lights, Day Shapes, Chartwork, Position Finding, Course to Steer, Pilotage, Passage Planning and Passage Making.

Certification: *Royal Yachting Association Day Skipper Shorebased Certificate*, upon successful completion, recognised by *Irish Sailing* as the prerequisite for practical courses such as Day Skipper.



POWERBOAT LEVEL 1 AND 2 COURSES + 20 HOURS DRIVING LOGGED- ESSENTIAL FOR DI COURSE

Candidates must have completed these 2 levels and have the boat handling skills plus 20 hours driving logged. Beginners attend a total of 3 days or those with previous experience may just require 2 days.

Dates: Oct 14+15; Dec 9+10; Jan 27+28; Feb 17+18; Mar 2+3

Price : 2 days €350 (normal €375) + third day if required is €125 (normal €150)

Syllabus: Boat preparation, launch & recovery, low speed manoeuvres, stopping, reversing, turning, picking up a mooring, anchoring & docking, towing, high speed manoeuvres, basic navigation, weather & coastal knowledge, rules and safety. Man overboard recovery. Personal and crew safety. Includes endorsements for planing, outdrive, outboard, console control and tiller control. Study weather and tide. Study area on relevant charts (Navionics).

Certification: *Irish Sailing National Powerboat certificate*



IRISH SAILING DI (DINGHY INSTRUCTOR) COURSE-5 DAYS FINAL PART OF THE PROCESS

A five day intensive instructor training and personal development course that prepares you to work in a team environment as a dinghy instructor in a club or commercial centre. Minimum age 17 years or within 6 months (cert will be then deferred to 17th birthday). This course opens up a career as a professional instructor, whether in school/college holidays or fulltime in Ireland or abroad. The skills learned are transferrable to other careers.

Dates: **Easter weeks only limited places available : Mar 23-27 and Apr 2-6**

April 22-26; May 13-17; June 3-8; June 26-30

At East Ferry Marina, Cobh

Price: €465 (normal price €485)

Syllabus: Role of instructor, learning models, session planning, running on-the-water sessions, tides, weather, briefing/debriefing, SBSS and other training schemes, Cara na Mara, managing safety & emergencies, shorebased sessions, special needs, working with children, safeguarding, course planning, coaching, making presentations.

Certification: **Irish Sailing Sailing Dinghy Instructor Certificate**, upon successful completion, qualified to instruct Taste of Sailing, Start Sailing, Basic Skills, Improving Skills and Cara na Mara. Valid for 3 years after which it can be renewed.



NEXT STEPS AND BOOKING

The pre requisite courses to become a Dinghy Instructor have become extremely busy at SailCork. We recommend that you book asap . They can only be booked directly with SailCork by phone 021 481 1237 or email info@sailcork.com. This offer is available only for a limited period with booking and €100 non-refundable deposit. Please feel free to ring Jo for advice.

Payments may be made via this link : <https://sailcork.courseco.co/pay-online.html>

Standard SailCork [Terms & Conditions](#) apply.

Thank you all and we appreciate you booking with us.

