



**Royal Cork Yacht Club ILCA/Topper Frostbite League  
Sunday 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup> of November 2022**

**SAILING INSTRUCTIONS**

**1. Rules**

- a. The Regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- b. Racing will be governed by current ISAF Racing Rules of Sailing, ISA Prescriptions, and those of ILCA Ireland and The Irish Topper Association,.
- c. Entry is open to all sailors who are members of Irish Sailing Clubs.
- d. Registration will be from 10.00 to 10.30 hours on Sunday 06th November 2022.
- e. A briefing will be held in the Dinghy Centre at 10.30 hours on Sunday 06th November 2022.

**2. Notice to Competitors**

- a. Notices to competitors will be posted on the official notice board which is the event WhatsApp group – it is the competitors responsibility to ensure that they are included - any issues should be raised at registration.

**3. Changes to the Sailing Instructions**

- a. Any change to the sailing instructions will be posted no later than one hour before the start of the first race on the morning it will take effect.

**4. Sail Numbers**

- a. Boats shall use their correct sail numbers (as also listed on their entry form), which shall be clearly readable on both side of the sail.

**5. Signals Made Ashore**

- a. Signals made ashore will be displayed on the Club Flagpole.

**6. Schedule of Races**

- a. Twelve Races are scheduled

- b. It is proposed to run 3 races each day. The race officer at their discretion may elect to run a 4th race, but only if the series is behind schedule.
- c. The scheduled time for the first warning signal each day is 1125.
- d. The warning signal for a subsequent race will be given as soon as possible after all boats in that class have been finished
- e. An additional day may be scheduled for Sunday 4th December if the schedule is impacted by inclement weather, only if the series has not been completed after racing Nov 27th.

## **7. Class Flags**

ILCA 7 – White Standard Class Flag

ILCA 6 - Green Radial Class Flag

ILCA 4 - Yellow 4.7 Class Flag

Topper – “T” Flag

## **8. Racing Area and Areas that are obstructions**

- a. The racing area will be on the Curlane Bank or other harbour areas at the discretion of the Race Officer.
- b. Race areas and areas that are obstructions will be described at the competitors' briefing.

## **9. The Courses**

- a. The courses are as per Appendix A – the specific course for each class will be displayed on a board on the committee boat.

## **10. Marks**

- a. Course Marks and Start/Finish Marks will be described at the competitors' briefing.

## **11. The Start**

- a. The starting line will be between the red and white pole on the committee vessel and an outer distance mark (ODM).
- b. A boat that does not start within 5 minutes after her starting signal will be scored DNS.
- c. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- d. Class starts may be combined; a combined start will be indicated by the multiple class flags being flown at the warning signal.
- e. The start sequence is amended to the following:
  - Warning signal (Class flags flown and sound signal) – 3 mins
  - Preparatory signal (P, I, U or Black Flag and sound signal) – 2 mins
  - Preparatory signal down – 1 min
  - Start (Class flags down) – 0 min

## **12. Change of Course after the start**

- a. To change the positions of the next mark, the race committee may move the original mark (or the finishing line) to a new position. The change will be made before the leading boat has begun the affected leg, although the mark may not yet be firmly fixed to the bottom at that time. Any mark to be rounded after rounding the moved mark may be relocated to maintain the course configuration.

## **13. The Finish**

- a. The finishing line shall be between the mainmast of a committee boat, which shall be identified by flying a blue flag, and the finishing mark.
- b. No earlier than 10 minutes after the first boat has finished, the RO may, at their discretion, finish the remainder of the fleet that are still racing by the following procedure:

A committee vessel (which may be a RIB) flying flag W will take sail numbers moving slowly back through the fleet notifying boats that they are finished with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing.

- c. In awarding finishing positions the decision of the Race Officer is final and shall not provide grounds for any boat to seek redress.
- d. After finishing, boats shall keep well clear of the finishing area and avoid impeding any boat not yet finished.

## **14. Target times**

- a. For all fleets: the target time limit for the first boat to complete a race is 40 minutes.
- b. Boats failing to finish within 20 minutes after the first boat sails the course and finishes may be given a placing at the discretion of the Race Officer.

## **15. Protest and Requests for Redress**

- a. Protest forms are available at the race office or are available at [www.racingrulesofsailing.org](http://www.racingrulesofsailing.org). Protests and requests for redress shall be delivered to the Race Office within the appropriate time limit.
- b. The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later
- c. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress.

## **16. Scoring**

- a. A minimum of 4 races are required to constitute a Frostbite series.
- b. The low point scoring system of Appendix A will apply, except that:
- c. When 4 races are completed there will be one discard.
- d. When 9 races are complete there will be 2 discards.

## **17. Equipment and measurement checks**

- a. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

## **18. Safety Regulations**

- a. A boat that retires from a race shall notify the race committee as soon as possible.
- b. All crew shall wear adequate personal buoyancy at all times while on the water.
- c. Particularly as the event is held in November, it is imperative that Sailors wear suitable full length wet gear and layers to ensure that they are warm and comfortable throughout the duration of the series.

## **19. Support Boats**

- a. Except for rescue purposes, team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

## **20. Series Prizes**

- a. Will be awarded as follows:-
- b. 1st, 2nd and 3rd in Gold Fleet and Silver Fleet - Topper\*\*
- c. 1<sup>st</sup> Topper Girl overall
- d. 1st, 2nd and 3rd in – ILCA4
- e. 1st, 2nd and 3rd in – ILCA6
- f. 1st, 2nd and 3rd in – ILCA7

\*\* The fleet allocation for Toppers is based on the following criteria, sailors will be allocated to Gold Fleet if they have sailed in the Topper Irish Nationals or Worlds Topper event.

Note - for the Topper Fleet, The Bill Jones Memorial Trophy shall be awarded to the First placed Royal Cork Yacht Club sailor. Gold and Silver fleets will sail together and will be scored on the same results sheet (but shall be identified by fleet allocation) so utilising the low point scoring system on Appendix A, the RCYC sailors (Gold or Silver) with the lowest series score on the combined result sheet wins the overall regardless of fleet.

## **21. Disclaimer of Liability**

- a. Competitors participate in the regatta entirely at their own risk. See rule 4 (Decision to Race).
- b. By signing the entry form, competitors and their parents or guardians confirm they are entirely responsible throughout the event for themselves and their boats on land and on the water.
- c. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **22. Insurance**

- a. It is the duty of each boat owner to have their boat adequately insured against any risk, including civil responsibility to third parties and to ensure that such insurance remains valid for the entirety of the Frostbite League.

## Appendix A - Courses

### Trapezoid Course

Outer1 - 1, 2, 3, 5, Finish

Outer2 - 1, 2, 3, 2, 3, 5, Finish

Outer3 - 1, 2, 3, 2, 3, 2, 3, 5, Finish

Inner2 - 1, 4, 1, 2, 3, 5, Finish

Inner3 - 1, 4, 1, 4, 1, 2, 3, 5, Finish

Marks 1, 2, 3, 4 & 5 to be left to Port



### **Note :**

**Mark colours are for reference only.**

**There may be a separate start and finish boat.**

**The Start Mark for a subsequent race may be in position while boats are finishing.**