

AIB Optimist Nationals 2020
Royal Cork Yacht Club

COVID-19 Special Protocols

For the health, safety and wellbeing of everyone involved in the event, the following special protocols are being adopted. Competitors, parents, coaches and event officials must fully comply with these Special Protocols.

These protocols are in addition to any and all government and public health requirements including, but not limited to, maintaining 2m social distancing, regular handwashing, coughing and sneezing etiquette, use of handgels, use of facecoverings, national and international travel advice including arrival from Kildare, Laois and Offaly as well as non-Green list countries. These protocols are subject to change prior to, and during, the event.

It is highly recommended that everyone attending the event, for any reason, completes Sport Ireland's COVID-19 course <https://www.sportireland.ie/covid19/course> . It is also highly recommended that you download the official government COVID Tracker app.

Special Protocols in respect of the event

Registration and declarations

All registration and declarations will take place online, including equipment declarations, compliance with Codes of Conduct and these Special Protocols, Coach Boat registration & flag deposits and contact tracing information. Links will be provided on the event website on <http://www.royalcork.com>. No paper forms will be accepted.

Trolley Tags & event packs will be handed out either at the Race Office or delivered to your boat bay on arrival, depending on weather conditions.

Race office

In order to minimise contact, access to the Race Office will be restricted. Results will be published online. It is the intention that protest forms will be available online and if so, paper versions will not be accepted. It is also intended that results query functionality will be available online and again, if so, paper versions or queries in person will not be accepted.

While an Official Notice Board will be in place, competitors and support persons are requested to use the online facilities wherever possible. We have set up a broadcast-only Whatsapp group for competitors, coaches and parents, where any official announcements or notices will be repeated. A link for the Main Fleet Notice Group and a Regatta Fleet Notice Group will be available on the event website.

Measurement

There will be no pre-regatta measurement. There may be random inspections by Technical Officers during the course of the Regatta as permitted by the NOR and SIs.

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Competitors arriving/departing site during the event

Competitors are to be dropped by a single parent/guardian or where possible brought by their coach. Parent/guardians are requested to leave the site as soon as possible. The same will apply for collections. The return of the fleet ashore will be posted on the Whatsapp group.

Dinghy Park, Launch & Recovery

- Face coverings for sailors are highly recommended ashore until called for launching and once back in your bay.
- Numbered bays will be in operation - your boat must be parked in your designated space for the duration of the regatta, and you must complete rigging and store all gear within your designated space
- Alternate spacing is in operation, which means every second space will be empty. This leaves adequate room for rigging while maintaining social distancing. Please respect this spacing.
- A strict one-way system for dinghy and trolley movement will be in operation. Please comply with signage and instructions.
- Wash down facilities will be available within your numbered bay
- We will operate a self-tally system where each sailor will take/replace their own tally at the board. Tallies will be checked at the board and again checked on launch.
- Trolley handles will be disinfected between launch and recovery
- Tallies will be disinfected overnight
- Junior Changing rooms will be closed for the duration of the event and competitors are not allowed in the Senior Changing rooms. Please arrive dressed to go sailing and plan to leave the venue once derigged. Family toilet facilities are available adjacent to the Senior Changing Rooms.
- Please follow beachmaster and other event officials instructions at all times

Coach and support boats

- In order to stay within government legislation and guidelines, we must minimise the number of support boats at the event. Coaches are of course welcome but are asked to maximise the number of sailors supported - we may need to restrict numbers if this is not done. Non-coach support boats/spectators cannot attend.

Briefings

- Any briefings by coaches must be held outside, socially distant from each other and other groups

Catering & bar

- There will be no catering available at the event due to COVID-19 restrictions
- Unfortunately, also due to those restrictions, the club will not be able to extend our usual welcome to visitors and reciprocal clubs. Access to the club bar & dining will be restricted to members only.

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Prizegiving

- Prizegivings will be modified to reflect COVID-19 guidance. There will be no daily prizegiving.
- Day prizewinners will be published and prizes available for collection at the race office.
- Overall prizewinners will be published and only those competitors are requested to attend the final prizegiving. Prizes will be picked up from the table by prizewinners and not presented.

If you feel unwell

In line with government guidance, if you feel unwell prior to arrival on site, please do not attend the venue. If you become unwell with COVID-like symptoms while ashore at the venue, self isolate outside next to the Marina Office and notify any event official. If you become unwell afloat, notify any official boat and inform them you have COVID-like symptoms. You will be asked to remain in your boat, subject to usual safety considerations, until brought ashore.