

# Royal Cork Yacht Club COVID-19 Guidelines

PHASE 3 & 4



**Executive  
Committee  
1/07/20**



## OVERVIEW

On Thursday 18<sup>th</sup> June, the Irish Government updated the [Roadmap for Reopening Society and Business](#) and on Friday 26<sup>th</sup> June, Irish Sailing updated their [Return To Sailing Scheme](#) document.

The Executive Committee have now reviewed these recommendations and set out on the following pages some procedures and protocols to enable it achieve its overall ambition of a safe and gradual return to our sport (in keeping with both the principles and spirit of the Government Roadmap to the lifting of restrictions).



## Key Points For Phases 3 & 4

- **Members should observe Social Distancing & Hygiene Guidelines**
- **Health Declaration Forms must be completed when taking to the water**
  - Once off unless responses change
- **Contact tracing forms must be completed when taking to the water**
  - Dinghy coaching and dinghy racing excluded
- **The Bar has reopened and has a daily food offering. Until July 20<sup>th</sup> , alcohol can only be served with a substantial meal (€9 or more)**
- **Racing can now resume**
- **Boats may now be crewed by multiple households in a 'pod' system**
- **Adult changing rooms have reopened while youth changing rooms remain closed until further notice**
- **All other club facilities and services are available for members use in line once Hygiene and Distancing protocols are followed**



# Fundamental Principles For Decision To Go Afloat

## 1. COMPLIANCE WITH CURRENT COVID 19 RESTRICTIONS

The need for full compliance on the phased lifting of restrictions to ensure sailing & powerboating remains a 'low risk' activity.

## 2. PERSONAL RESPONSIBILITY

Taking personal responsibility for your own safety and decision making

## 3. SELF HELP

Ensure that you have the means to return to shore without assistance (alternative means of propulsion) in the event of the unexpected in non-distress situations

## 4. RISK ASSESSMENT

Individual and Activity Organisers ensure you have assessed the risks associated with the conditions, equipment, experience of sailors, sailing area etc. before making the decision to go afloat.

# Reopening of Royal Cork Yacht Club

Phase 3 & 4



## GUIDELINES: for individual participants

The following is a simplified test for individual participants to determine. Self-clearance to participate does not indicate unlimited activity. Activities should be planned and risk-assessed by organisers.

Are you experiencing any symptoms of Covid 19?

Have you made self-rescue assistance arrangements for non-distress situations?

Has your Sailing/ Boating activity been planned and risk-assessed?

**Seek medical assistance  
Do not Sail**

**Go Sailing but exercise caution  
& follow guidelines**

**Go Sailing under conditions set out by organisers**

Follow current social distancing & social gathering guidelines



## Contact Tracing & Health Declarations

- The Health Declaration Form, available [here](#), must be completed by all members when taking to the water. This is a once off unless your responses change before returning to the club again.
- A digital list of all attendees and their contact details for all activities must be maintained by the club for contact tracing purposes
- Keelboat and motorboat skippers are responsible from keeping a record of people in their 'pod' participating in activities on their boat and they must complete the contact tracing form each time they take to the water, racing or not. For those taking part in racing, the form must be completed within 30 minutes of completion of the final race to get a result
- Dinghy sailors will be traced through coaching rosters and league racing results while those 'Free Sailing' must complete the contact tracing form
- The contact tracing form is available [here](#)

# Reopening of Royal Cork Yacht Club

Phase 3 & 4



## Appendices





### Appendix 1

## General Guidelines & Procedures

### General information for Members

- Social Distancing Guidelines to be adhered to at all times
- Please adhere to informational signage displayed around the site
- Contact with staff to be kept to necessary interactions
- Should a Member feel unwell while visiting the Club, they should contact a member of staff for assistance

### General information for Contractors

- Contractors are required to sign in with the Marina Staff to facilitate contact tracing if required.





### Appendix 2

#### Cruising/ Keelboat / Powerboat

- Thursday night league racing will recommence 2<sup>nd</sup> July with FG at 18:55hrs and continue thereafter
- Friday night league racing will recommence 3<sup>rd</sup> July with FG at 18:55hrs and continue thereafter
- The Admiral's Chace will take place on July 4<sup>th</sup> , details [here](#)
- Sunday league racing will recommence on 12<sup>th</sup> July and continue thereafter – please keep an eye out online at [www.royalcork.com](http://www.royalcork.com)
- Mixed households can now sail under a 'Pod' system. This POD system is to be introduced by each Skipper/Boat Owner taking part in any activity held by the Club. This is the sole responsibility of the Skipper/Boat owner. The Clubs 2020 Sailing Instructions have been updated to include these new process requirements. Please see the Irish Sailing [guidelines](#) for further details



### Appendix 3

## Dinghy Sailing

- League racing will recommence for Optimists on Tuesday 30th June and continue on Tuesdays and Saturdays thereafter
- League racing will recommence for Lasers and Toppers on Thursday 2nd July and continue on Thursdays and Saturdays thereafter
- League racing will recommence for National 18's and Mixed Dinghies on Wednesday July 8th and continue on Wednesdays and Saturdays thereafter
- Adult changing facilities have reopened as of Monday 29th June with appropriate hygiene measures in place. We ask users of these facilities to come to the club already in their sailing gear and to practice safe hygiene and distancing protocols when showering & changing
- Youth changing facilities remain closed until further notice, sailors must arrive dressed for sailing
- Multi handed dinghies can now sail with crews from multiple households in a 'pod' system. This 'pod' system means crew rotation should be kept to a minimum, social distancing should be practiced where possible and off the water these 'pods' should refrain from mixing with people from other 'pods'
- Sailors and parents/guardians should conduct a risk assessment in advance of taking to the water
- Ensure that you have the means to return to shore without assistance (alternative means of propulsion) in the event of the unexpected in non-distress situations.



## Appendix 4

### Ferry Guidelines

- Operating times 0800 – 2100 daily
- Service will be available to those members who have paid the 2020 charge
- Designated area of the Ferry toward the stern will be cordoned off, 2 metres from the driver
- Ferry usage reduced to one return trip per boat per day per member
- One person per trip or if members of the same 'Pod' then a maximum of 4 – loading of bigger groups should take place at the diesel berth or another available hammerhead
- The helm should not pass bags on to the members yacht
- Staff member will clean the ferry after each trip
- On racing evenings, ferries will be particularly busy so please leave plenty of time



### Appendix 5

## Marina Guidelines

- When approaching the gate please allow space for someone that may be entering or exiting in front of you
- We ask Members and staff to walk on the righthand side of the marina, Port to Port!
- Trolleys will have sanitiser and disposable paper roll adjacent to them to clean before and after use
- All equipment touched on a regular base (electricity pedestals, water taps, hoses, emergency equipment, etc) will be disinfected frequently
- Members requested to access bridge on Eastern marina one at a time unless in household units and not to pass each other on the bridge



## Appendix 6

### Changing Room Guidelines

- The adult changing rooms have reopened, implementing 2 metre social distancing as far as practical. The junior changing rooms remain closed until further notice
- The capacity of the changing rooms – space for changing and numbers of showers and toilets - is greatly reduced. We ask that people continue come to the club, in their sailing gear, if possible
- If you need to use the changing rooms, expect to have to wait outside, until there is a free space
- Please comply with the signs, maintain distance, and avoid using facilities which have been marked as out-of-use
- The lockers in the men’s changing room are unavailable
- Hair dryers have been removed, as there is insufficient space for social distancing for users of the dryers
- Adequate ventilation is important to the safety of indoor spaces – do not close windows which are marked “keep open”. If you notice that an extract fan is not working, please inform a staff member



### Appendix 7

## Guidelines & Procedures

### Staff

- Staff to follow the Government return to work guidelines [click here](#) for more information
- Staff must wash hands regularly, wear gloves when needed, and use sanitiser
- Masks are recommended to be worn on the Ferry when carrying passengers
- No handshakes and avoid prolonged interactions with Members/guests.
- Staff member to make themselves aware of the signs and symptoms of COVID-19 and monitor their own wellbeing
- Report to managers immediately if any symptoms develop during the shift
- Self-isolate at home and contact their GP promptly for further advice if they display any signs or symptoms
- The Club will provide instruction for employees to follow if they develop signs and symptoms of COVID-19 during work

## Reopening of Royal Cork Yacht Club

Phase 3 & 4



**End**