



Royal Cork Yacht Club

Junior Sailing Courses

Terms and Conditions

Parents and Guardians

It is the responsibility of parents and guardians to ensure they have read fully the following information before booking a sailing course. Any further queries may be directed to miriam@royalcork.com or 021 4831023

Information

The Royal Cork Yacht Club Junior Sailing Courses are Irish Sailing certified training courses run by Irish Sailing qualified Instructors who follow the relevant national syllabi which are Taste of Sailing & the Small Boat Sailing Scheme (SBSS) Basis and Advanced Courses.

Checkclick

Irish Sailing training evaluation and certification, is managed through 'Checkclick', an online 'passport' system. By booking on this course you agree to the Royal Cork sharing your details on the 'Checkclick' platform and with Irish Sailing.

Membership

Royal Cork junior sailing courses are open to club members only. Membership subscription must be paid in full prior to starting a sailing course.

Online Booking & Payment Method

A place on the sailing course is secured through an online booking and payment system. Once the sailing courses go live on our smart membership system the following steps may be taken to book and pay for your child's course

Go to www.smartclubcloud.com and using your 'username' and 'password' log onto the link above. If you are booking the course for a cadet member you will have to use the Cadets username and password. If you are booking a course for a Family Cadet you will have to log in under the 'head of the family' username and password. Go to 'Events' and click on the sailor/cadet name whom you wish to participate on the junior sailing courses.

Once you select your sailor/cadet name from the dropdown box a list of junior sailing courses will appear. Click on your chosen course, click 'add to cart' and proceed to 'checkout'.

Once you proceed to 'checkout' you will be taken to an additional information page which you must complete in full as all fields are mandatory.

A Standing Order payment option available. Please contact the Club Office 4831023 for further details.

Boat Insurance

All boats must be insured against third party risks for a minimum of €1,270,000. All optimists on sailing courses are now required to have a 'Bumper' fitted to the boat.

Course Information for Parents and Guardians

Course Name	Date	Time	Course Fee
Taste of Sailing	18 th – 29 th July	AM (09.00 – 12.30hrs)	€300
Taste of Sailing	18 th – 29 th July	PM (13.30 – 17.00hrs)	€300
Start Sailing (Level 1)	18 th – 29 th July	AM (09.00 – 12.30hrs)	€300
Start Sailing (Level 1)	18 th – 29 th July	PM (13.30 – 17.00hrs)	€300
Basic Skills (Level 2)	18 th – 29 th July	AM (09.00 – 12.30hrs)	€300
Basic Skills (Level 2)	18 th – 29 th July	PM (13.30 – 17.00hrs)	€300

Improving Skills (Level 3) 18th – 29th July
(Full Days) 09.00 – 16.30hrs €400

Advanced Boat Handling (Level 4) 18th – 22nd July
Full Days- (09.00 – 16.30hrs) €325

Kites & Wires (Level 4) 25th – 29th July
Full Days- (09.00 – 16.30hrs) €325

- Sailing course start and finish times vary depending on the course type and will be listed on the online booking form.
- Please ensure you drop off and collect your child on time. Parents and Guardians are responsible for their children before courses begin and after they finish.
- It is not a requirement for parents to rig their child's boat. Your child will learn to do this with practice.
- Changing rooms in the dinghy centre are for junior members. If an adult must enter the junior changing room to assist their child before and/or after the sailing course each day then please note that the club operates a 'two adult' policy when entering the junior changing room. Please ensure you have an instructor to accompany you.
- The Royal Cork Yacht Club reserves the right to cancel a sailing course.

- Early bookings ensure the club can secure the necessary resources required to organise successful junior sailing courses.

Start and finish times

Sailing courses start and finish times vary depending on the course type and will be listed on the online booking form.

Buoyancy Aids

All course participants must wear an approved personal buoyancy aid for the duration of the sailing course and will not be permitted to participate without one. Inflatable life jackets are not suitable for the junior sailing courses

Clothing Requirements

On the water: Wetsuit, booties, waterproof jacket, buoyancy aid, Hat/Sun block. Runners and Flipflops are deemed inappropriate for use while on the water. On land: Please bring a change of clothes, fleece jacket and a towel in a waterproof bag or sailing bag.

Lunchtime & Packed Lunch

Lunch times vary depending on the sailing course activities. Children are not allowed off site during lunchtime. For children participating on a 'full day' course please bring a packed lunch and a drink. If however your child is participating on a 'half day' course please bring snacks and a drink. There are no microwave or hot water facilities for course participants. Children may be accompanied by their instructor to the club bar to purchase chocolate, ice cream, drinks and snacks.

Mobile Phone Policy

Royal Cork Yacht Club operates a 'No Mobile Phone' policy while on Junior Sailing Courses. Course participants are required to keep their mobile phones in their gear bag in the changing room. Should they require to use their phone they may ask the permission of their instructors.

Swimming Assessment

All children participating in junior sailing courses are assessed for their water confidence through fun & structured games on the water regardless of whether they can swim or not. This water confidence assessment is carried out on the first day of the sailing course. This is to ensure they have confidence in their buoyancy aid should they enter the water accidentally or during capsize drills. Children are encouraged to A. Thread water. B. Hold their face under water. C. Swim 25 yards WITH a buoyancy aid, wearing their wetsuits and booties.

Behaviour & Code of Conduct

The Royal Cork Yacht Club ascribes to the "Code of Ethics and Good Practice for Children's Sport" issued by Sport Ireland. This is designed to protect children from bullying or abuse and to allow them to pursue their sport or hobby in a comfortable and safe environment. Our Child Liaison Officer is Dr Larrie Martin who is available to discuss any concerns in this area.

Passing Sailing Levels

The junior sailing courses are primarily about children enjoying themselves through the medium of water and sailing and at the same time acquiring a skill that they will have throughout life. It is not a requirement to pass a new Level every year. It is perfectly acceptable to do the same level two years in a row. However if your child is keen to move on through the courses then it is strongly recommended the child participates regularly

in fleet racing and other sailing activities in order to be more comfortable and in control of the boat and better able to cope with the increased demands of the next and more advanced Level. Courses are designed to be taught over a specific time period and full attendance is required in order to achieve the level. Junior Sailing courses form just part of the sailing activities in the club and it is hoped that children having completed their sailing course will participate in club sailing and racing activities and therefore become more confident and competent on the water. Junior fleet racing takes place on Tuesday and Wednesday evenings and Saturday afternoons throughout the summer and children are strongly encouraged to participate. The Club also offers, Cadet Sessions for 12yrs and under and Junior Sailing Academy for 12yrs and older. Please contact the club office for more details.

Mid - course Debrief

A mid - course debrief is held with each course participant mid - way through their course. The course debrief is aimed at encouraging and praising the participants efforts thus far on the course and ensuring they are aware of any elements of the course yet to be achieved.

Basic Courses

Our Basic courses consist of Start Sailing (level 1), Basic Skills (level 2) and Improving Skills (level 3)

Participants are required to have their own wetsuit, booties and buoyancy aid. Participants are required to have their own boat. It is recommended that having completed start sailing, course participants sail regularly with club racing/sailing activities to practice the skills they have acquired on start sailing and prior to participating in the Basic skills and Improving Skills courses.

Advanced Courses

Our Advanced courses consist of Advanced Boat Handling (level 4) and Kites & Wires (level 4). These courses are run as separate modules.

Course participants must have completed and achieved up to and including Improving skills in order to do advanced courses. Participants are required to have their own boat. It is recommended that course participants are regularly sailing in club racing activities to practice their skills prior to doing the Advanced courses.

Indemnity

I hereby acknowledge that the Royal Cork Yacht Club, Irish Sailing, their officers, members and volunteers do not accept liability for loss of life or property, personal injury or damage caused by or arising out of this course, and that the above named cadet takes part in the course entirely at their own risk. The establishment of the syllabus or lesson plan in no way limits or reduces the complete and unlimited responsibility of the cadet for the management of the boat he or she is sailing and I acknowledge that the club will not accept any liability whatsoever for the damage to any privately owned boat used on the sailing course. Moreover, I warrant the suitability of the boat for use in the manner intended. I confirm that the boat is covered by a valid certificate of insurance for third party risk and that cover is adequate. I have read and understand the above and the information and conditions on the within form.

COVID-19

Parents and guardians are required to take due care with regard to Covid-19.

Temperatures must be checked in advance of attending the Royal Cork Yacht Club on each occasion and if a child's temperature is >37.5 degrees you must not attend the Royal Cork Yacht Club. Also, you must consider the below statements and if at any stage during the course these statements are true, you must follow the medical advice received or seek medical advice before attending the sailing course.

My child has symptoms of cough, fever, high temperature >37.5 degrees, sore throat, runny nose, breathlessness or flu like symptoms now or in the past 14 days.

My child has been diagnosed with confirmed or suspected COVID-19 infection in the last 14 days.

My child is a close contact of a person who is a confirmed or suspected case of COVID-19 in the past 14 days (i.e. less than 2mtrs for more than 15 minutes accumulative in 1 day).

My child has been advised by a doctor to self-isolate at the time.

My child has been advised by a doctor to cocoon at this time.

Conclusion

Please ensure you have read and understand all of the information above before booking a junior sailing course. By submitting an online booking form you are agreeing to the Royal Cork Yacht Club Junior Sailing Course Terms & Conditions, Indemnity Clause and Covid 19 Guidelines.

Queries to miriam@royalcork.com or 021 4831023