

Royal Cork Yacht Club

Junior Sailing Course Information & Conditions

Parents and Guardians

It is the responsibility of parents and guardians to ensure they have read fully the following information before booking a sailing course. Any further queries may be directed to miriam@royalcork.com or 021 4831023

Information

The Royal Cork Yacht Club Junior Sailing Courses are Irish Sailing certified training courses run by Irish Sailing qualified Instructors who follow the relevant national syllabi which are Cara na Mara, Taste of Sailing & the Small Boat Sailing Scheme (SBSS) Basis and Advanced Courses.

Checkclick

Irish Sailing training evaluation and certification, is managed through 'Checkclick', an online 'passport' system. By booking on this course you agree to the Royal Cork sharing your details on the 'Checkclick' platform and with Irish Sailing.

Membership

Royal Cork junior sailing courses are open to club members only.

Membership subscription and sailing course fees must be paid in full prior to starting a sailing course.

Course certification will be deferred until full payment is made.

Payment Method

To secure a place on a sailing course all application forms must be accompanied with a €100 deposit.

Full Balance to be paid no later than two weeks prior to course commencement.

Standing Order payment option available. Contact the Club Office 4831023.

Family membership with two or more children participating in a sailing course will receive a discount of 10%.

Boat Insurance

All boats must be insured against third party risks for a minimum of €1,270,000. Please see sailing course application for further details on boat insurance.

Information for Parents and Guardians

Sailing courses start each day at 09.00hrs and finish at 16.30hrs. Please ensure you drop off and collect your child on time.

Instructors are finished at 16.30hrs. Parents and Guardians are responsible for children after this time.

It is not a requirement for parents to rig their child's boat. Your child will learn to do this with practice.

The Royal Cork Yacht Club reserves the right to cancel a sailing course.

The Royal Cork Yacht Club does not hire/lease or loan club boats for use on the sailing courses.

The early submission of application forms ensures the club can secure the necessary resources required to organise successful junior sailing courses.

Sailing Course Application Form

Must be completed in full and submitted to the club office prior to commencing the sailing courses.

NB: make note of any medical/behavioural conditions, allergies including food allergies etc.

Please note we require an emergency contact name and mobile no.

All sailing course applications must be accompanied with a €100 deposit.

Start and finish times

All sailing courses start at 09.00hrs and finish at 16.30hrs

Buoyancy Aids

All course participants must wear an approved personal buoyancy aid for the duration of the sailing course and will not be permitted to participate without one. Inflatable life jackets are not suitable for the junior sailing courses

Clothing Requirements

On the water: Wetsuit, booties, waterproof jacket, buoyancy aid, Hat/Sun block.

On land: Change of clothes and towel in a waterproof bag or sailing bag.

Lunchtime & Packed Lunch

Lunch times vary depending on the sailing course activities.

Children are not allowed off site during lunchtime.

Please bring a packed lunch and a drink.

Children are accompanied by their instructor to the club bar to purchase chocolate, ice cream, drinks and snacks.

Mobile Phone Policy

Royal Cork Yacht Club operates a 'No Mobile Phone' policy.

Course participants are required to keep their mobile phones in their gear bag in the changing room. Should they require to use their phone they may ask the permission of their instructors.

Swimming Assessment

All children participating in junior sailing courses are assessed for their water confidence through fun & structured games on the water regardless of whether they can swim or not. This water confidence

assessment is carried out on the first day of the sailing course. This is to ensure they have confidence in their buoyancy aid should they enter the water accidentally or during capsize drills.

Children are encouraged to A. Thread water. B. Hold their face under water. C. Swim 25 yards WITH a buoyancy aid, wearing their wetsuits and booties.

Behaviour & Code of Conduct

The Royal Cork Yacht Club ascribes to the “Code of Ethics and Good Practice for Children’s Sport” issued by Sport Ireland. This is designed to protect children from bullying or abuse and to allow them to pursue their sport or hobby in a comfortable and safe environment. Our Child Liaison Officer is Dr Larrie Martin who is available to discuss any concerns in this area.

Passing Sailing Levels

The junior sailing courses are primarily about children enjoying themselves through the medium of water and sailing and at the same time acquiring a skill that they will have throughout life. It is not a requirement to pass a new Level every year. It is perfectly acceptable to do the same level two years in a row. However if your child is keen to move on through the courses then it is strongly recommended the child participates regularly in fleet racing and activities in order to be more comfortable and in control of the boat and better able to cope with the increased demands of the next and more advanced Level.

Courses are designed to be taught over a specific time period and full attendance is required in order to achieve the level.

Junior Sailing courses form just part of the sailing activities in the club and it is hoped that children having completed their sailing course will participate in club sailing and racing activities and therefore become more confident and competent on the water. Junior fleet racing takes place on Tuesday and Wednesday evenings and Saturday afternoons throughout the summer and children are strongly encouraged to participate. **Club sailing and activities calendar** [here](#)

Mid - course Debrief

A mid - course debrief is held with each course participant mid - way through their course except for those participating on Cara Na Mara, Taste of Sailing and Camps. The course debrief is aimed at encouraging and praising the participants efforts thus far on the course and ensuring they are aware of any elements of the course yet to be achieved.

Below is a list of the Irish Sailing junior sailing courses run in the Royal Cork Yacht Club

Basic Courses

Taste of Sailing (Cara Na Mara) for 6yrs – 9yrs

Syllabus [here](#)

Run over 5 days starting at 09.00hrs each day. Participants are required to have their own wetsuit, booties and buoyancy aid. Participants are not required to have their own boat.

Start Sailing

Syllabus [here](#)

Run over 10 days starting at 09.00hrs each day. Participants are required to have their own wetsuit, booties and buoyancy aid. Participants are required to have their own boat. It is recommended that having completed start sailing, course participants sail regularly with club racing/sailing activities to practice the skills they have acquired on start sailing.

Basic Skills

Syllabus [here](#)

Run over 10 days starting at 09.00hrs each day. Participants are required to have their own wetsuit, booties and buoyancy aid. Participants are required to have their own boat. It is recommended that course participants are regularly sailing in club racing activities to practice their skills prior to doing Basis Skills.

Improving Skills

Syllabus [here](#)

Run over 10 days starting at 09.00hrs each day. Participants are required to have their own wetsuit, booties and buoyancy aid. Participants are required to have their own boat. It is recommended that course participants are regularly sailing in club racing activities to practice their skills prior to doing Improving Skills.

Advanced Courses

Advanced Boat Handling

Syllabus [here](#)

Run over 5 days starting at 09.00hrs each day. Course participants must have completed and achieved Improving skills in order to do advanced boat handling. Participants are required to have their own boat. It is recommended that course participants are regularly sailing in club racing activities to practice their skills prior to doing Advanced Boat Handling.

Kites & Wires

Syllabus [here](#)

Run over 5 days starting at 09.00hrs each day. Course participants must have completed and achieved Improving Skills in order to do Kites and Wires. Participants are required to have their own boat. It is recommended that course participants are regularly sailing in club racing activities to practice their skills prior to doing Kites and Wires.

Please ensure you have read and understand all of the information above before booking a junior sailing course.

Queries to miriam@royalcork.com or 021 4831023

Information on courses running in 2019 and Sailing Course Application Forms will be available in late Autumn 2018