



Northsails
J24 Southern Championships 2015
02nd – 03rd July 2016

Royal Cork Yacht Club
(Organised by Royal Cork Yacht Club)

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing RRS 2013-2016*.
- 1.2 The prescriptions of the ISA will apply.
- 1.3 Rules of the International J/24 Class will apply. In particular, Class Rule 8.2, changing RRS 42 (prohibiting hanging off mast or shrouds to promote a roll tack or gybe, and allowing all parts of a main-sheet to be pulled simultaneously), and Class Rule 8.3 changing RRS 49 (regulating crew position outside the upper lifeline) will apply.
- 1.4 In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice boards located at race office window of R.C.Y.C
- 2.2 The Race Office is located next to the main club office.

3 CHANGES TO SAILING INSTRUCTIONS (SI)

- 3.1 Any change to the sailing instructions will be posted before 09.00 on the day it will take effect, except that any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagstaff at the front of R.C.Y.C.
- 4.2 When, flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 SCHEDULE

- 5.1 Schedule of racing is as follows:

Friday 01 st . July	18.00 – 21.00	Registration Last Crane lift at 21.00
Saturday 02 nd July	09.00	Regatta Briefing
	10.30	Warning Signal for first race of the day – additional races to follow
Sunday 03 rd July	10.30	Warning Signal for first race of the day – additional races to follow

- 5.2 Six races are scheduled.
- 5.3 Saturday 02nd. July: Up to four races may be sailed.
- 5.4 Sunday 03rd, Remaining races to complete a series of six.
- 5.5 No race will be started after 15.00 Sunday 03rd of July 2016, except for postponements, general recalls and abandonments shortly after the start.

6 CLASS FLAGS

- 6.1 The Class flag will be the International Code Flag J.

7 RACING AREA

- 7.1 Races will be sailed in the waters of Cork Harbour and its approaches. The starting line may be up to three miles from the Club Marina.

8 THE COURSE

- 8.1 Windward/Leeward courses will be used. The diagram in Addendum A shows the course, the order in which marks are to be passed, the number of rounds, and the side on which each mark is to be rounded.
- 8.2 Numeral pennant 2 flown at the start will signify 2 rounds and Numeral pennant 3 will signify 3 rounds.

9 MARKS

- 9.1 Marks 1 & 3 will be large orange cylindrical inflatable buoys. Mark 2 will be an orange spherical buoy.
- 9.2 The Start Mark will be a large orange cylindrical inflatable buoy and the finish mark will be an orange spherical buoy. The finish line will be between a red and white pole on the finishing vessel and the Finish Mark.
- 9.3 A race committee boat signalling a change of a leg of the course is a mark as provided in SI 11.2.

10 THE START

- 10.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 10.2 Races will be run back to back. The second and subsequent races each day will be started as soon as possible after the finish of the preceding race.
- 10.3 The starting line will be between a red/white pole, or Main mast on the race committee boat at the starboard end, and the port-end starting mark. Inner distance marks *may* be laid adjacent to the Race Committee boat, and are starting marks for the purpose of RRS 18, 28.1 and 31
- 10.4 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes RRS A4.

11 CHANGE TO THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will move the original mark (or move the finishing line) to a new position.
- 11.2 Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.
- 11.3 Minor changes to the course will not be signalled.

12 THE FINISH

- 12.1 The finish line, unless shortened, will be between the Red and White pole, or main mast on the finishing vessel displaying a Blue flag and an orange spherical buoy. Unless FINISHING, a boat shall not pass through the finish line in either direction when a BLUE flag is displayed on the Committee boat.
- 12.2 If the race is to be shortened at the start/finish line, a signal boat will position itself at the preceding mark (mark 2 or leeward mark) and display Flag F with repetitive sound signals. Having rounded either mark 2 or the leeward mark, boats shall proceed directly to the finishing line and cross the finishing line from the direction of the last mark. This is in addition to RRS 32.2.

13 TIME LIMITS

- 13.1 The time limit for each race will be 2 hours.
- 13.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes within the time limit, will be scored Did Not Finish (DNF) without a hearing. Boats scored DNF will be scored points equal to the number of boats finishing within the time limit plus one point.

14 PENALTY SYSTEM

- 14.1 A boat that has taken a penalty or retired under RRS 31 or 44.1 shall complete an acknowledgement form at the race office within the protest time limit
- 14.2 A boat will take a **One Turn Penalty** when she has broken a rule of Part 2 while racing. This changes RRS 44.1

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 15.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. This changes RRS 61.3 and 62.2
- 15.3 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held as notified on the official notice board.
- 15.4 Notices of protest by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b)
- 15.5 On the last day of the regatta a request for reopening a hearing shall be delivered
 - a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day, or
 - b) No later than 30 minutes after the party requesting the hearing was informed of the decision on that day. This changes RRS 66.

16 SCORING

- 16.1 Four races are required to be completed to constitute a series.
- 16.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 16.3 If 5 or more races are completed then a boat's series score will be the total of her race scores excluding her worst score.

17 SAFETY REGULATIONS

- 17.1 A boat that retires from a race shall notify the race committee as soon as possible
- 17.2 At all times afloat, competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation device. This changes RRS 40.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.
- 18.2 Boats shall sail with their correct sail numbers. Breaches of this sailing instruction will result in disqualification. Provision to sail under any other number shall be sought in writing from the race committee before going afloat and will be granted only in exceptional circumstances.
- 18.3 A spare spinnaker may be carried subject to declaration of its colour(s) on the entry form. In the event that the main spinnaker is damaged beyond repair afloat, the spare may be used in subsequent races. Use of the spare spinnaker must be declared by hailing the committee boat. This changes IJCA rule 3.6.1

19 EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 Equipment and Inventory checks may be carried out on boats on a random basis.
- 19.2 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

20 HAUL-OUT RESTRICTIONS

- 20.1 Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

21 DIVING EQUIPMENT AND PLASTIC POOLS

- 21.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal of the first race and the end of the regatta.

22 RADIO COMMUNICATION Channel 77.

- 22.1 The Principal Race Officer may pass information on Ch 77.
- 22.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23 PRIZES

- 23.1 Prizes will be awarded to the winners of the event as designated by organising authority. Perpetual prizes remain the property of the International J24 Class Association of Ireland.

1st in Gold overnight
 1st in Silver overnight

Gold Fleet. 1st, 2nd and 3rd places overall
 Silver Fleet: 1st place overall

Perpetual Trophies

Gold Fleet: 1st.
 Silver Fleet: 1st.

24 DISCLAIMER OF LIABILITY

- 24.1 Competitors participate entirely at their own risk (See Fundamental Rule 4 “Decision to Race” and the ISA Safety Booklet.
- 24.2 The responsibility for the safety of competing boats and their crews lies solely with the said competitors. Lough Ree Yacht Club and / or the Organising Committee shall not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after racing.

25 INSURANCE

- 25.1 Each participating boat shall have adequate, valid third-party liability insurance for racing.

26 TEMPORARY MEMBERSHIP

- 26.1 All competitors and associated family, race officials and safety boat crew are deemed to be members of Royal Cork Yacht Club for the duration of the Championship. As such they shall observe the rules of the Club.

ADDENDUM A

Windward-Leeward Course

Numeral pennant 2

Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish

Numeral pennant 3

Start – 1—2—3—1—2—3—1—2—3--Finish

Marks 1, 2 and 3 shall be rounded to Port

