

Runners wanted....



ANY LAND LOVING PEOPLE INTERESTED IN A RUN SATURDAY MORNING, AFTER
OPPIES LAUNCH ??

PLAN A: RUN (UP) TO CAMDEN TO SEE BREATH TAKING VIEWS OF CORK HARBOUR

And hopefully children in Oppies, return via RCYC (about 2 miles so far),

Any one interested in going further, we can go along railway line towards Carrigaline

And its easy to turn back at any stage, you won't get lost.....

If anyone wants details for other paths/trails please give me a call (Orla 087-1373358),

There is a great selection of off-road paths suitable for runners, dogs, bikes and buggies,

within a short distance of Crosshaven, and into town etc, I'm very happy to give directions and point out the local coffee/water stops etc. I'm also happy to run with anyone Sunday, before or after launch (but forecast looks less promising), so please do give me a call anytime, HAVE A GREAT WEEKEND.